

Master Menus List

Child Care Resource Center

Meal Type: Breakfast

<u># /Name</u>	<u>Meat Food</u>	<u>Bread Food</u>	<u>First Veg/Fruit</u>	<u>Second Veg/Fruit</u>	<u>Milk Food</u>
010 MM#010		Corn / Flour Tortilla (140)	Apples (001)		Fluid Milk (7)
011 MM#011		Corn / Flour Tortilla (140)	Bananas (004)		Fluid Milk (7)
012 MM#012		French Toast (015)	Hash Browns (224)		Fluid Milk (7)
013 MM#013		Pancakes / Waffles (088)	Hash Browns (224)		Fluid Milk (7)
014 MM#014		Scones (031)	Blueberries (006)		Fluid Milk (7)
015 MM#015		Vegetable Muffin / Bread (144)	Juicy Juice (056)		Fluid Milk (7)
016 MM#016		Vegetable Muffin / Bread (144)	Grapes (014)		Fluid Milk (7)
017 MM#017		Bagel (001)	Strawberries (037)		Fluid Milk (7)
018 MM#018		White Rice (134)	Apples (001)		Fluid Milk (7)
020 MM#020		Hot Cereal (041)	Pineapple (030)		Fluid Milk (7)
021 MM#021		French Bread (014)	Strawberries (037)		Fluid Milk (7)
022 MM#022		French Toast (015)	Applesauce (002)		Fluid Milk (7)
023 MM#023		French Toast (015)	Bananas (004)		Fluid Milk (7)
024 MM#024		English Muffin (012)	Juicy Juice (056)		Fluid Milk (7)
025 MM#025		English Muffin (012)	Bananas (004)		Fluid Milk (7)
026 MM#026		English Muffin (012)	Applesauce (002)		Fluid Milk (7)
027 MM#027		Cornbread or Corn Muffin (006)	Pineapple (030)		Fluid Milk (7)
028 MM#028		Other Muffins (146)	Pears (027)		Fluid Milk (7)
030 MM#030		Other Muffins (146)	Mandarin Oranges (020)		Fluid Milk (7)
031 MM#031		Other Muffins (146)	Applesauce (002)		Fluid Milk (7)
032 MM#032		Biscuits (002)	Applesauce (002)		Fluid Milk (7)
033 MM#033		Bran Muffins (004)	Oranges (024)		Fluid Milk (7)
034 MM#034		Bran Muffins (004)	Watermelon (041)		Fluid Milk (7)
035 MM#035		Pancakes / Waffles (088)	Apples (001)		Fluid Milk (7)
036 MM#036		Pancakes / Waffles (088)	Mandarin Oranges (020)		Fluid Milk (7)

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037 MM#037		Pancakes / Waffles (088)	Blueberries (006)		Fluid Milk (7)
038 MM#038		Pancakes / Waffles (088)	Watermelon (041)		Fluid Milk (7)
040 MM#040		Pancakes / Waffles (088)	Bananas (004)		Fluid Milk (7)
041 MM#041		Cold Cereal (040)	Apples (001)		Fluid Milk (7)
042 MM#042		Cold Cereal (040)	Grapes (014)		Fluid Milk (7)
043 MM#043		Cold Cereal (040)	Peaches (026)		Fluid Milk (7)
044 MM#044		Cold Cereal (040)	Mixed Fruit (022)		Fluid Milk (7)
045 MM#045		Cold Cereal (040)	Oranges (024)		Fluid Milk (7)
046 MM#046		Cold Cereal (040)	Bananas (004)		Fluid Milk (7)
047 MM#047		Wheat Bread (035)	Bananas (004)		Fluid Milk (7)
048 MM#048		White Bread (036)	Mandarin Oranges (020)		Fluid Milk (7)
050 MM#050		White Bread (036)	Orange Juice (058)		Fluid Milk (7)
051 MM#051		Wheat Bread (035)	Applesauce (002)		Fluid Milk (7)
052 MM#052		White Bread (036)	Pears (027)		Fluid Milk (7)
053 MM#053		Hot Cereal (041)	Oranges (024)		Fluid Milk (7)
054 MM#054		Hot Cereal (041)	Grapes (014)		Fluid Milk (7)
055 MM#055		Hot Cereal (041)	Applesauce (002)		Fluid Milk (7)
056 MM#056		Hot Cereal (041)	Bananas (004)		Fluid Milk (7)
057 MM#057		Hot Cereal (041)	Peaches (026)		Fluid Milk (7)
058 MM#058		Bagel (001)	Hash Browns (224)		Fluid Milk (7)
060 MM#060		Bagel (001)	Applesauce (002)		Fluid Milk (7)
061 MM#061		Bagel (001)	Peaches (026)		Fluid Milk (7)
062 MM#062		Grits (Enriched Flour) (084)	Hash Browns (224)		Fluid Milk (7)
063 MM#063		Grits (Enriched Flour) (084)	Peaches (026)		Fluid Milk (7)
064 MM#064		Grits (Enriched Flour) (084)	Grapes (014)		Fluid Milk (7)

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065 MM#065		Rye Bread (030)	Bananas (004)		Fluid Milk (7)
066 MM#066		French Toast (015)	Fried Potatoes (223)		Fluid Milk (7)
067 MM#067		Other Muffins (146)	Peaches (026)		Fluid Milk (7)
068 MM#068		Biscuits (002)	Hash Browns (224)		Fluid Milk (7)
070 MM#070		Biscuits (002)	Oranges (024)		Fluid Milk (7)
071 MM#071		Biscuits (002)	Grapefruit (013)		Fluid Milk (7)
072 MM#072		Biscuits (002)	Peaches (026)		Fluid Milk (7)
073 MM#073		Fruit Muffin / Bread (143)	Applesauce (002)		Fluid Milk (7)
074 MM#074		Fruit Muffin / Bread (143)	Grapes (014)		Fluid Milk (7)
075 MM#075		Pita Bread (025)	Peaches (026)		Fluid Milk (7)
076 MM#076		Oatmeal Bread (023)	Kiwi (018)		Fluid Milk (7)
077 MM#077		French Toast (015)	Strawberries (037)		Fluid Milk (7)
078 MM#078		French Toast (015)	Blueberries (006)		Fluid Milk (7)
080 MM#080		Cornbread or Corn Muffin (006)	Peaches (026)		Fluid Milk (7)
081 MM#081		Pita Bread (025)	Grapes (014)		Fluid Milk (7)
082 MM#082		Fruit Muffin / Bread (143)	Bananas (004)		Fluid Milk (7)
083 MM#083		Fruit Muffin / Bread (143)	Peaches (026)		Fluid Milk (7)
084 MM#084		Corn / Flour Tortilla (140)	Blueberries (006)		Fluid Milk (7)
085 MM#085		Corn / Flour Tortilla (140)	Fried Potatoes (223)		Fluid Milk (7)
086 MM#086		Wheat Bread (035)	Grapes (014)		Fluid Milk (7)
087 MM#087		Croissants (008)	Applesauce (002)		Fluid Milk (7)
088 MM#088		Croissants (008)	Tomato / Vegetable Juice (063)		Fluid Milk (7)

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