

**Cereal – Cold**  
**Least Expensive Brand Preferred**  
**May be combined up to the number of oz. issued**

<b>Best Choice</b>	<b>Bite Sized Frosted Shredded Wheat, Enriched Bran Flakes</b> , Corn Crisps, Crisp Rice, Rice Crisps, <b>Happy O's</b> , Honey Oat Clusters, Honey Oat Clusters with Almonds, Right Choice, Wheat Crisps
<b>Essential Everyday</b>	<b>Bran Flakes</b> , Corn Flakes, Crunchy Rice Squares, Honey Oats and Flakes with Almonds, Honey Oats and Flakes, <b>Frosted Bite Size Shredded Wheat</b> , Crunchy Corn Squares, Crispy Rice, Oats and More with Almonds, Oats and More with Honey
<b>Food Club/Best Yet</b>	<b>Bite Size Frosted Shredded Wheat</b> , Corn Squares, Rice Squares, Crisp Rice, <b>Toasted Oats</b> , Essential Choice Oat, Corn Flakes, Honey & Oat Flakes, <b>Enriched Bran Flakes</b>
<b>General Mills</b>	<b>Cheerios</b> , Corn Chex, Kix, <b>Multi-Grain Cheerios</b> , Rice Chex, <b>Total Whole Grain, Wheat Chex, Wheaties</b>
<b>Giant Eagle</b>	<b>Bran Flakes</b> , Corn Flakes, <b>Frosted Bite Size Shredded Wheat</b> , Honey Oat Medley, <b>Toasted Oats</b>
<b>Great Value</b>	<b>Bran Flakes</b> , Corn Flakes, Crisp Rice, Crunchy Honey Oats, <b>Crunchy Oat Squares, Frosted Shredded Wheat</b> , Toasted Corn, <b>Toasted Whole Grain Oat</b> , Toasted Rice, Toasted Wheat
<b>IGA</b>	<b>Bite Size Frosted Shredded Wheat</b> , Corn Flakes, Crispy Rice, <b>Enriched Bran Flakes</b> , Square Shaped Corn, Square Shaped Rice, <b>Tasteos, Toasted Oats</b>
<b>Kellogg's</b>	<b>All Bran Complete Wheat Flakes</b> , Corn Flakes, <b>Frosted Mini-Wheats (Bite Size)</b> , Rice Krispies, Rice Krispies Gluten Free, Special K
<b>Kroger</b>	<b>Bite Size Frosted Shredded Wheat</b> , Corn Bitz, Honey Crisp Medley, Honey Crisp Medley with Almonds, <b>Living Well</b> , Rice Bitz, <b>Toasted Oats</b>
<b>Malt-O-Meal</b>	Crispy Rice, <b>Frosted Mini Spooners</b> , Honey & Oat Blenders, Honey & Oat Blenders with Almonds
<b>Meijer</b>	<b>Bite Size Frosted Shredded Wheat</b> , Corn Flakes, Corn Squares, Crisp Rice, <b>Enriched Bran Flakes</b> , Rice Squares, <b>Toasted Oats, Wheat Squares</b>
<b>Mornin Gem/Kiggins</b>	Crispy Rice
<b>Natures Crunch/Kiggins</b>	Bran Flakes, Bite Size Frosted Shredded Wheat
<b>Our Family</b>	Wheat Biscuits, Corn Biscuits, Rice Biscuits, High Fiber Bran Flakes, Corn Flakes, Frosted Bite Size Shredded Wheat, Toasted Rice Flakes, Crispy Rice, Oats and More with Almonds, Oats and More with Honey, Toasted Oats
<b>Post</b>	<b>Banana Nut Crunch, Bran Flakes</b> , Honey Bunches of Oats with Almonds, Honey Bunches of Oats Honey Roasted
<b>Quaker</b>	<b>Life, Oatmeal Squares</b> , Oatmeal Squares Brown Sugar, Oatmeal Squares Cinnamon
<b>Ralston</b>	Corn Biscuits, Corn Flakes, Crispy Rice, <b>Enriched Wheat Bran Flakes, Oat Wise</b> , Rice Biscuits, <b>Tasteos</b>
<b>Shop n' Save</b>	Crispy Rice, Corn Flakes, Crunchy Corn Squares, Crunchy Rice Squares, <b>Bran Flakes, Frosted Bite Size Shredded Wheat</b> , Oats and More with Almonds, Oats and More with Honey
<b>Shurfine</b>	Crisp Rice, <b>Toasted Oats</b> , Honey Oats & Flakes, <b>Enriched Bran Flakes</b> , Corn Flakes, Crunchy Rice, Crunchy Corn, <b>Frosted Shredded Wheat Bite Size</b> , Wheat Squares

**CEREAL – HOT**

B & G Foods	Cream of Wheat – 18 oz. or 28 oz. size only
Farina Mills	Creamy Hot Wheat Original – 18 oz. or 28 oz. size only
Malt –O- Meal	Original Hot Wheat – 18 oz., 28 oz. or 36 oz. size only

\***Bolded items represent whole grain cereals**