CHILDREN'S FOOD CHART

VEGETABLES
Fresh, Frozen or Canned

100% VEGETABLE JUICE
52 Carrot Juice *
63 Tomato / Vegetable Juice *

VEGETABLES
03 Acorn Squash
150 Artichokes
151 Asparagus
152 Avocado HF
153 Bamboo Shoots
154 Beets
58 Bitter Melon
156 Broccoflower
155 Broccoli
264 Brussels Sprouts
04 Butternut Squash
01 California Blend
157 Carrots
158 Cauliflower
160 Celery
278 Chayote
161 Corn
162 Cucumbers
163 Eggplant
08 Hominy
06 Hubbard Squash
54 Kohlrabi *
265 Mixed Peppers
164 Mixed Vegetables
165 Mushrooms
175 Nopales (cactus)
166 Okra (fresh)
168 Onions
240 Parsnips
171 Peppers:Red/Green/Yellow
280 Plantain
173 Pumpkin
57 Radish - Fresh
66 Romanesco Broccoli
234 Rutabagas
55 Snow Peas/Snap Peas
178 Sprouts (any kind)
180 Squash
07 Succotash
02 Summer Squash
56 Turnips
05 Zucchini

BEANS
181 Baked Beans
182 Black Beans
183 Great Northern Beans
184 Green Beans
185 Lentils
186 Lima Beans/Butterbeans
187 Mung Beans

BEANS (Cont.)
188 Navy Beans
200 Other Beans
201 Pinto Beans
202 Red / Kidney Beans
203 Refried Beans
204 Soybeans/Edamame
53 Split Peas
205 Wax Yellow Beans

GREENS / LEAFY VEGETABLES
277 Beet Greens (ACI)
281 Bok Choy, Fresh
206 Cabbage
276 Coleslaw *
207 Collard Greens
208 Jicama
210 Kale
211 Lettuce
212 Lettuce and Tomato
213 Mustard Greens
176 Sauerkraut
177 Spinach (ACI)
64 Swiss Chard
214 Tossed Salad
215 Turnip Greens

PEAS
235 Blackeyed Peas/Crowder Peas
216 Dried Peas
217 Garbanzo Beans/Chick Peas
218 Green Peas
220 Peas and Carrots (ACI)
18 Pigeon Peas

POTATOES
238 Au Gratin/Scallop Potatoes
221 Baked Potato
222 French Fries HF
223 Fried Potatoes HF
224 Hash Browns/Tater Tots HF
225 Mashed Potatoes
226 Other Potato
227 Potato Salad
228 Potato Skins
256 Roasted Potatoes
237 Sweet Potato Fries
230 Sweet Potato/Yams
236 Yucca Root

TOMATOES
266 Fresh Tomatoes
231 Stewed Tomatoes
65 Tomatillo
233 Tomato Sauce

SOUPS
250 Bean Soup - HM
251 Beef & Vegetable Soup

SOUPS (Cont.)
252 Chicken Vegetable Soup
254 Chunky Vegetable Soup
257 Minestrone Soup
258 Potato Soup
260 Split Pea Soup HM
261 Tomato Soup
268 Tomato with Rice - HM
262 Turkey Vegetable Soup
263 Vegetable Soup
253 Vegetarian Chili HM

FRUITS
Fresh, Frozen, Canned, Dried

01 Apples
02 Applesauce
03 Apricots
04 Bananas
05 Blackberries
06 Blueberries
07 Boysenberries
08 Cantaloupe
67 Coconut
66 Clementines
10 Cranberries / Sauce
11 Dates
53 Dried Fruit (No Raisins) *
12 Figs
271 Fresh Cherries *
13 Grapefruit
14 Grapes
15 Guava
272 Guineos Verdes
16 Honeydew Melon
18 Kiwi
20 Mandarin Oranges
21 Mangos
270 Mixed Berries *
22 Mixed Fruit
23 Nectarines
24 Oranges
25 Papaya
26 Peaches
27 Pears
28 Persimmons
30 Pineapple
66 Pitaya (Dragon Fruit)
280 Plantains
31 Plums
08 Pomegranates *
32 Prunes
34 Raspberries
35 Rhubarb
36 Star fruit
37 Strawberries

FRUITS (Cont.)
38 Tangerines
40 Ugli Fruit
42 Waldorf Salad
41 Watermelon

100% FRUIT JUICES
50 Apple Cider (pasteurized) *
51 Apple Juice *
53 Cherry Juice *
54 Grape Juice *
55 Grapefruit Juice *
56 Juicy Juice *
57 Mixed / Blended Juice (100% Juice) *
58 Orange Juice *
60 Pear Juice / Blends 100% Juice *
61 Pineapple Juice *
62 Prune Juice *
64 Tropical Blend Juice *

MILK
5 1% over 2 yrs/Whole under 2 yrs *
1 Buttermilk *
2 Eggnog (Commercial) *
4 High Protein Milk *
8 Milkshakes HM *
6 Skim over 2 yrs/Whole under 2 yrs *
9 Special Provision/Soy Milk (Dr Statement Req) *
14 UHT Shelf Stable Milk. 1% over 2yr/Whole under 2yr *
15 UHT Shelf Stable Milk. Skim over 2yr/Whole under 2yr *
200 WATER-NOT REIMBURSABLE* SN

LEGEND

*	Not Reimbursable for Infants Under 1yr
^	Reimbursable for age 3 yr older
BR	Breakfast Only
BR/SN	Breakfast or Snack Only
DBL	Double Portion Required
HM	Homemade
SN	Snack Only
WG	Whole Grain-Rich
HF	High Fat (Serve NO More than 3x/week)
HS	High Salt
CN	CN Label REQUIRED
ACI	Vitamins A, C and Iron
LD	Lunch/Dinner

child care RESOURCE CENTER
440-242-0413
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INFANT FOOD CHART

MEAT & EGGS
217 Cooked Dry Beans / Peas LD
211 Infant Beef
212 Infant Chicken
213 Infant Ham
214 Infant Lamb
215 Infant Turkey
216 Infant Veal
114 Yogurt: Infants ONLY LD

INFANT MILK / FORMULA
11 Breast Milk / Iron Fort. Infant Formula
13 Parent Supplied iron Fortified Infant Formula
12 Special Formula (Medical Form Required)

INFANT CEREAL
201 Infant Barley Cereal
203 Infant Mixed Cereal
204 Infant Oatmeal Cereal
205 Infant Rice Cereal
206 Infant Wheat Cereal

JUICE IS NOT creditable for Infants

VEGETABLES / FRUITS
Make selections from the regular food chart.

This institution is an equal opportunity provider

CHILDREN'S FOOD CHART

MEAT & MEAT ALTERNATES

BEEF
01 Beef Franks CN * HF
02 Beef Ground HF
03 Beef Liver HF (ACI)
04 Beef Lunchmeat/ Processed - CN * HF
05 Beef Ribs HF
14 Beef Steak
07 Braunschwieger * HF
08 Brisket HF
11 Corn Dog * CN HF
10 Corned Beef HF
37 Meatballs
38 Meatloaf
12 Roast Beef
13 Sausage - Beef * HF
15 Stew Meat - Beef
16 Tongue
17 Vienna Sausage HF

CHICKEN
20 Chicken
73 Chicken Breast
21 Chicken Franks CN * HF
22 Chicken Gizzards
23 Chicken Liver (ACI)
24 Chicken Lunchmeat /Processed - CN * HF
25 Chicken Nuggets (COMMERCIAL) - CN HF
105 Chicken Nuggets - HM
72 Chicken Patties - CN *
56 Chicken Salad *

SEAFOOD
112 Bacalao
124 Calamari
27 Catfish
28 Clams *
30 Crab *
125 Crawfish *
31 Fish Fillets
32 Fish Sticks - CN HF
33 Other Fish
127 Perch
34 Salmon
126 Scallops
35 Shrimp *
142 Tilapia HF
36 Tuna
128 Walleye

PORK
40 Canadian Bacon *
113 Chorizo *
41 Ham
43 Pork Chops/Cutlet HF
42 Pork Kielbasa/ Bratwurst HF HS CN*

PORK (Cont.)
44 Pork Lunchmeat/ Processed - CN * HF
45 Pork Roast
46 Sausage - Fresh Pork * HF
47 Spam * HF
48 Spare Ribs HF

TURKEY
55 Turkey
50 Turkey Breast
51 Turkey Franks * CN HF
52 Turkey Ground
53 Turkey Ham
134 Turkey Kielbasa * CN HF
54 Turkey Lunchmeat /Processed - CN * HF

OTHER MEATS/MEAT ALTERNATES
144 Dried Meats/Jerky *^ CN SN (ages 3 yrs older)
110 Egg - Whole
60 Goat
57 Lamb
61 Other Meat
115 Soy Yogurt *
106 Tofu *
58 Veal
130 Yogurt: Non Infants *

BEANS, LEGUMES OR PEAS
62 Baked Beans
64 Black Beans
65 Blackeyed Peas/Crowder Peas
66 Chili Beans
67 Garbanzo Beans /Chick Peas
68 Great Northern Beans
136 Hummus - HM
70 Lentils
71 Lima Beans/Butterbeans
187 Mung Beans
137 Navy Beans
74 Other Beans
18 Pigeon Peas
75 Pinto Beans
76 Pork N Beans
77 Red/Kidney Beans
78 Refried Beans
80 Soybeans
135 Split Peas

CHEESES
81 American Cheese HF
82 Cheddar Cheese HF
83 Cheese Food/Slices/Spread DBL *HF
84 Colby-Jack Cheese
85 Cottage Cheese
86 Farmer Cheese

CHEESES (Cont.)
87 Fried Cheese Sticks * HF
88 Mozzarella Cheese
133 Muenster Cheese
104 Other Cheese (No cream cheese)
100 Pimento Cheese - DBL * HF
101 Ricotta Cheese
102 String Cheese
103 Swiss Cheese HF

NUT BUTTERS
122 Other Nut Butter *SN HF
123 Other Nut Butter & Meat/Meat Alt * HS
120 Peanut Butter *SN
121 Peanut Butter & Meat/Meat Alt * HF
117 Soy Nut Butter *SN HF
118 Soy Nut Butter & Meat/Meat Alt * HF

NUTS OR SEEDS
140 Nuts (Assorted) *
131 Pumpkin Seeds/Pepitas *
141 Seeds *
116 Soy Nuts *
132 Sunflower Seeds *

SOUPS
63 Bean Soup - HM
107 Beef Chili - HM *
111 Chicken Chili - HM *
138 Split Pea Soup - HM
108 Turkey Chili - HM *

BREAD & BREAD ALT.

Enriched or Whole Grain Flour

HOT CEREALS
148 Cream of Wheat Original *
147 Farina Mills Creamy Hot Wheat Original *
41 Hot Cereal *
138 Malt-O-Meal Original Hot Wheat *

SWEET CRACKERS
210 Animal Crackers - Plain
60 Graham Crackers-Honey *
213 Graham Crackers-Original

BREADS
37 100% Whole Wheat Bread-WG
01 Bagel
02 Biscuits
04 Bran Muffins
03 Bread Sticks (Soft Only)
05 Chow Mein Noodles * HF
07 Corn Dog Wrap *
06 Cornbread/Corn Muffin *

BREADS (Cont.)
08 Croissants HF
10 Dumplings *
12 English Muffin
13 Flat Bread
14 French Bread
15 French Toast *
16 Fry Bread HF
17 Hamburger Buns
18 Hawaiian Bread
20 Hot Dog Buns
21 Hush Puppies * HF
22 Italian Bread
155 Matzo Flatbread *
222 Naan Bread
23 Oatmeal Bread
146 Other Muffins *
145 Other Quick Bread *
24 Pilot Bread
25 Pita Bread
26 Potato Bread
27 Pumpernickel Bread
28 Rolls
30 Rye Bread
31 Scones (savory) *
32 Sourdough Bread
33 Spoonbread *
34 Stuffing / Dressing
35 Wheat Bread
36 White Bread
58 Whole Wheat English Muffin-WG

COLD CEREALS (6 grams sugar or less)
150 Cheerios:General Mills WG
40 Cold Cereal (6 grams sugar or less)
42 Corn Chex:General Mills
224 Giant Eagle Corn Flakes
116 Granola (not bars) *
152 Great Value Bran Flakes WG
225 Great Value Corn Flakes
226 Great Value Crisp Rice
227 Great Value Crunchy Honey Oats
153 Great Value Crunchy Oat Squares WG
117 Kellogg's All Bran Complete Wheat Flakes WG
118 Kellogg's Corn Flakes
122 Kellogg's Frosted Mini-Wheats (Bite Size) WG
123 Kellogg's Rice Krispies
124 Kellogg's Rice Krispies Gluten Free

COLD CEREALS (Cont.)
125 Kellogg's Special K
43 Kix:General Mills
151 Malt-O-Meal Frosted Mini Spooners WG
44 Multi-Grain Cheerios:General Mills WG
126 Post Banana Nut Crunch WG
127 Post Bran Flakes WG
137 Post Honey Bunches of Oats Honey Roasted
128 Post Honey Bunches of Oats w Almonds
206 Quaker Life WG
208 Quaker Oatmeal Squares Brown Sugar
217 Quaker Oatmeal Squares Cinnamon
207 Quaker Oatmeal Squares Original WG
45 Rice Chex:General Mills
223 Tasteeos: Ralston WG
46 Total Whole Grain:General Mills WG
47 Wheat Chex:General Mills WG
48 Wheaties:Gen Mills WG

CRACKERS
156 Bagel Chips *
211 Cheese Crackers
212 Club Crackers
154 Goldfish Cheese Crackers
214 Hi Ho / Ritz Crackers
61 Melba Toast
64 Other Crackers
215 Oyster Crackers
132 Rice Cakes (Savory)
216 Rye Crisps
62 Saltine Crackers
63 Snack Crackers
220 Soda Crackers
65 Wheat Crackers
115 Wheat Thins WG *
67 Whole Grain Crackers-WG
66 Zwieback

CRUSTS
70 Pie Crust (meat/meat alt pies) * HF
71 Pizza Crust *
72 Puff Pastry Shells* HF
68 Whole Wheat Pizza Crust-WG

Veg or Fruit Bread
143 Fruit Muffin/Bread *
144 Vegetable Muffin/Bread *

GRAINS
80 Barley (not pearl) - WG
81 Bulgur-WG
82 Couscous
83 Farina
84 Grits (Enriched/WG Flour)
231 Hominy Grits - WG
157 Kasha/Buckwheat WG
85 Lefsa
86 Millet
87 Oats-WG
74 Quinoa - WG *
73 Rye Berries- WG*
75 Wheat Berries - WG*

PANCAKES
88 Pancakes/ Waffles
76 Whole Wheat Pancake/Waffle-WG

PASTA OR NOODLES
158 Chow Mein Noodles*
100 Egg Noodles *
11 Egg Roll / Wonton Wraps*
101 Lasagna Noodles *
102 Macaroni Noodles
112 Manicotti Shells
103 Other Noodles
107 Pasta Noodles, Various
104 Ramen Noodles
105 Ravioli
113 Rigatoni *
106 Soup Noodles (Packaged)
77 Spaghetti
218 Tortellini *
114 Whole Wheat Other Pasta WG
78 Whole Wheat Spaghetti - WG *

Pretzels/Popcorn
230 Popcorn ^ - WG *
110 Pretzel, Hard *
111 Pretzel, Soft *

Rice
130 Brown Rice - WG *
131 Fried Rice HF *
133 Spanish Rice
134 White Rice
135 Wild Rice - WG
136 Yellow Rice

Tortillas
140 Corn/Flour Tortilla
38 Corn Chips (whole/enriched) * HF HS
142 Taco Shell *
141 Tortilla Chips (whole/enriched) *
228 WG Whole Wheat Flour Tortilla-WG